

**PERSONAL CARE PLAN** Appendix 3

name:	date drawn up:
<b>Information for Leaders</b>	
<b>Toileting</b> e.g. needs help with buttons/zips	
<b>Eating/drinking</b> e.g. drinks from his own cup	
<b>Medical</b> e.g. needs to use inhaler if out of breath	
<b>Behaviour</b> e.g. reacts badly to loud noises	
<b>Mobility</b> e.g. has difficulty running and jumping	
<b>Likes/Dislikes</b> e.g. likes stickers, does not like colouring in	

**PERSONAL CARE LOG**

name:	date:
<b>Information for Parents</b>	
<b>Toileting</b> e.g. went to the toilet at 7:15pm and 8:05pm with (leader)	
<b>Eating/drinking</b> e.g. drank juice, refused snack	
<b>Medical</b> e.g. did not need to use inhaler	
<b>Behaviour</b> e.g. interacted well with other children and leaders	
<b>Mobility</b> e.g. wasn't able to join in the basketball game but enjoyed passing the ball with (leader)	
<b>Likes/Dislikes</b> e.g. liked watching the drama, did not like it when the balloon burst	